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# metro

HALIFAX • TUESDAY, SEPTEMBER 23, 2008

metronews.ca

Entertainment

Chimp sex, politics aren't so different

page 17



## Leather bag causes school mould scare

**ODDITY** Officials are checking Waverley Memorial — L.C. Skerry Elementary for mould, and it's all because of a leather bag left in the basement last spring.

The bag was in storage room and got wet during a damp summer. Air quality tests have been ordered, the walls have been washed, and the room has been sealed.

Test results are expected within the week.

METRO HALIFAX

## City Think page 3



## Residents weigh in on city views

### Local page 4



## Voting rules aren't fair, students say

### Election 2008 pg 8

- Lawrence Martin's National Report
- Numbers are in for candidates nationwide
- Dion promises Green Shift revenue-neutral
- Campaign quotes

## NHL Roaring to victory



Boston Bruins forward Patrice Bergeron celebrates teammate Marco Sturm's goal on Montreal Canadiens goaltender Jaroslav Halak during last night's exhibition game at the Metro Centre. Bergeron snagged a goal and added three assists as the Bruins trounced the Habs 8-3. Story, page 14

## Luke ousted temporarily from charity

PAUL McLEOD  
paul.mcleod@metronews.ca

The failed Conservative candidate for the Halifax riding is now without a job and being investigated by her charity for "financial irregularities."

Rosamond Luke stepped down as a Tory candidate when it was revealed she had been convicted of uttering death threats.

At the time the charity she founded, All Women's Empowerment and Development Association (AWEDA) issued a statement supporting Luke.

Now, AWEDA chair Brenda Saunders/Todd says Luke lied to them by saying the threats were due to her divorce. AWEDA suspended Luke with pay and began an investigation.

Saunders/Todd said the organization discovered financial irregularities within the charity. Yesterday, Luke was suspended, this time without pay, pending a meeting about the issue.

Saunders/Todd says the board now feels betrayed by Luke. "Absolutely, 100 per cent," she said.

"It started with the betrayal because we felt she wasn't honest with us. Especially in an organization like this you have to have the most integrity and transparency possible. And that was not the case."

Luke did not pick up her phone when contacted by Metro for comment, and her voice mail was full.

Luke has the chance to address the board by 5 p.m., which will be followed by a board meeting.

# Drugs priced at \$7.5M

## 12 nabbed in bust linked to organized crime: Cops

PAUL McLEOD  
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Twelve people are in jail and three-quarters of a ton of hash oil worth as much as \$7.5 million has been seized after a late-night drug bust on the coast of Eastern Shore.

RCMP say a boat they believe sailed from the Caribbean was unloading the drugs early Sunday morning when police raided the operation. Nine men were arrested loading the drugs onshore while three more were captured on the sailing boat.

In total, 750 kilograms of hash bound for central Canada oil was found.

"It's four in the morn-



The Fair Exchange was one the boats seized in a drug raid in Liscomb, N.S., early Sunday morning.

ing, you're sailing your ship... and to find a 5,000 ton warship very close with guys in black suits jumping on your boat," said Cmdr. Bob Auchterlonie of the HMCS Freder-

icton. "To say 'surprised' would be a bit of an understatement."

The RCMP said the men, who appeared in court yesterday facing various drug charges, have ties to an or-

ganized crime group. Intelligence gave police warning about the drop-off about a week beforehand.

Three boats and six vehicles were seized, but no weapons were found. Police would not put a dollar value on the haul, but three hash users contacted by Metro said a gram of hash oil typically sells for \$10. That puts the value of the seized drugs at up to \$7.5 million.

One source said the oil is rare in Nova Scotia because it is complex and difficult to make.

"Oh man, whoever made all that hash oil is so pissed right now," said the man, who did not want to be named for obvious reasons.



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**Uniforms for students**

The man who wants more strip clubs in Halifax is weighing in on clothing again. Mayoral candidate David Boyd says public school students should wear uniforms — skirts and blouses or dresses for girls. **METRO HALIFAX**

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# Local



## Ladies: Get out and see this

Nearly 60 men will be walking around the Grand Parade in heels at noon. It's part of Walk A Mile in Her Shoes, a fundraiser for the YWCA. More than \$14,000 has been raised so far. To pledge, visit [www.walkamile.ca](http://www.walkamile.ca). **METRO HALIFAX**



A tourist leaves Citadel Hill after taking in the view. One of the major obstacles high-rise developments face in Halifax arises when a proposed building would interfere with the view planes from Citadel Hill.

[www.peterkelly.ca](http://www.peterkelly.ca)



## Council weighs in

Here's Halifax Downtown candidates' take on heritage and development. **LINDSAY JONES**



### Jerome Downey

- Believes it's possible to protect heritage and grow the city core
- City should redevelop decaying Gottingen Street buildings into mixed residential and commercial space
- New residential buildings should include affordable housing for seniors



### Cameron Ellis

- "Heritage buff" who likes highrises, so long as they don't lead to evening ghost towns downtown
- Highrises should be in the right places, like a redeveloped Cogswell interchange, not Fenwick Street
- Wants more mixed-use development, particularly on Gottingen Street, to get more people living downtown



### Dawn Sloane

- Heritage and development can co-exist, but developers need to stick to the rules
- Voted against several development proposals approved by council because she felt they didn't mesh with the city's Municipal Planning Strategy
- Affordable housing should be part of all new residential developments
- Development should help build distinct, walkable neighbourhoods



### James Steuwe

- Heritage can be protected without preventing crucial development projects
- Says he wouldn't cater to small interest groups
- Would have supported the recently approved towers on Lower Water and South Park streets

Wants affordable housing in all new residential projects

# The view from here

LINDSAY JONES  
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## Most of us want new buildings downtown, even if it means blocking a few views from Citadel Hill.

A new Bristol Group survey commissioned by Metro Halifax shows that eight in 10 people in urban and suburban HRM feel that new buildings in the downtown are good for the city.

Half said most sightlines from Citadel Hill should be preserved and there needs to be flexibility to allow for low buildings. Three in 10 said they want to keep just a few sightlines and build highrises. Only 12 per cent don't want the sightlines changed at all. Nine per cent said new buildings are more important than sightlines.

"The public feel that views are important, but you don't have to keep every single one exactly as

**Q** There has been a lot of discussion about how development in Halifax relates to the views of the harbour from Citadel Hill. Which of the following statements best reflects your own personal opinion?

- A**
- Every existing sightline should be preserved exactly as it is today: 12 per cent
  - Most sightlines should be preserved, but there needs to be some flexibility such as allowing low buildings: 50 per cent
  - A few sightlines should be preserved, but highrise development should also be permitted: 29 per cent
  - New development is more important than preserving sightlines: nine per cent

it is if it's at the expense of development," said Layton Dorey, Bristol Group's managing director of project development.

Halifax developer Ben McCrea, chairman of Armour Group, believes this means people are open to reviewing the city's view planes legislation. Those rules have remained virtually unchanged since the 1970s.

"What I make of that is the public is not nearly as driven by that as a sacred cow," McCrea said. The fate of McCrea's controversial Waterside Centre, which would join

six buildings at the corner of Duke and Hollis and put a six-storey glass tower on top, will be decided in early October.

"It's encouraging, from my point of view, to see that there's some flexibility to allow the downtown to grow," said McCrea, who redeveloped the award-winning Founders Square.

Joe Ramia of Argyle Developments said it feels good to know the majority agrees with him.

Ramia built Barrington Gate and the Mountain Equipment Co-op building. He's now working on

a proposal for a new World Trade Centre.

"You always have to weigh what's right for the city," Ramia said, adding that the views from Citadel Hill are important.

Heritage Trust of Nova Scotia president Phil Pacey, however, also thinks he's on the side of the majority: The 50 per cent who want to keep most sightlines and allow low buildings.

He doesn't agree with the three in 10 who expressed a desire to keep just a few sightlines and build highrises.

"The view is important and it's more than just a few views that we need to protect," Pacey said.

Pacey says it's wrong to assume the poll shows people are open to changing view planes, which are specifically designated and protected by bylaws, because the survey uses the term "sightlines."

Under current policy, sightlines aren't protected.

**THIS IS THE SECOND IN OUR FOUR-PART CITY THINK SERIES ON MUNICIPAL ISSUES, EXCLUSIVE TO METRO HALIFAX. FOR MORE, PICK UP METRO NEXT TUESDAY, SEPT. 30.**

ShareYourViews

halifaxletters@metronews.ca

## Survey stats

- Sample size: 500
- Margin of error +/- 4.9 (95 per cent confidence level)

## Halifax fire service sinks boat purchase

**BOAT** Halifax Regional Fire Service has opted not to buy the \$250,000 fire boat that flipped over Wednesday during a trial run.

The Transportation Safety Board is investigating why the Firehawk 28, built and designed in California, flipped, sending eight people overboard. **METRO HALIFAX**

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What's online today.

**Read** Allan Small breaks down last week's Wall Street drama and Guidy Mamann on the perils of delayed refugee claims at [www.metronews.ca/live](http://www.metronews.ca/live)  
**Watch** three B.C. students discuss their lucrative black market candy dealings, flouting a ban on junk food in school vending machines at [www.metronews.ca/canada](http://www.metronews.ca/canada)

# Student group miffed over local voting process

DEVIN STEVENS  
for Metro Halifax



Home may be where the heart is, but when it comes to voting rights, the definition of "home" is confusing some students preparing to cast a municipal ballot.

"If my parents live in Lunenburg, and if I'm going to school in Halifax, and I'm a 28-year-old grad student, I still have to vote in Lunenburg," said Tara Gault, executive director of the Halifax Student Alliance.

"They might consider Halifax their home, but that doesn't seem to matter."

Nova Scotia's Municipal Elections Act says unmarried students have to vote where their family home is. Students from outside Nova Scotia can vote only if they've lived in the municipality for three months prior to the election.

If a student went home



University of King's College student Colin Parrott wants to vote in October's municipal election, but provincial regulations say he can't. The Halifax Student Alliance says that's discrimination.

**"I'm paying tax here, why can't I vote?"**

Student Colin Parrott

for the summer, they can't vote in the Oct. 18 election.

"It's discriminatory, and politicians have said that," Gault said.

About 12,000 students

come from other provinces every year. Colin Parrott, a journalism student at the University of King's College, just moved from Victoria, B.C.

"I'm paying tax here, why can't I vote?" he said. "I don't understand the three-month rule. Why three months?"

"I wouldn't feel right voting in Victoria not be-

ing there. I think that's part of living in a democratic country."

Donna Chislett, spokeswoman for the Department of Municipal Relations, said if a student lives in their hometown for the summer, that's considered their actual home.

Changes would have to be approved by the provincial legislature, she said.

## Judge grants delay in murder trial

**CRIME** A scheduling conflict with defence witnesses led to a delay yesterday in Glen Race's murder trial.

Defence lawyer Mark McCormick is representing the 27-year-old Nova Scotia man.

McCormick plans to call at least one psychiatrist to the stand when the trial resumes tomorrow.

Members of Race's family are expected to follow

later in the week.

Race has been diagnosed with paranoid schizophrenia.

He is accused of killing Darcy Manor at a remote hunting camp in Mooers May 10, 2007.

Police say Race was fleeing after killing Trevor Charles Brewster and Michael Paul Knott in Halifax.

**THE PLATTSBURGH PRESS  
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## Fisherman avoids forced monitoring

**COURT** An attempt to force a lobster fisherman convicted of illegal fishing to undergo electronic monitoring while on the water failed in provincial court. Mark Stephen Taylor, 46, of Hants County, was charged with fishing in the Minas Basin with 36 untagged or improperly tagged traps.

**METRO HALIFAX**

### News in brief

**CORRECTION** There have been no offers yet on Fenwick Tower, although DTZ Barnicke says it's had much interest in the bidding process. Information in a story in Friday's Metro may have been unclear to readers.

**CLAMMING** Nova Scotia's government needs to work with the federal government to solve the clamming crisis in the Annapolis Basin, says MLA Harold Theriault. Recent rule changes from the United States have severely impacted those who rely on the clamming industry, he said. **METRO HALIFAX**

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## Sales rising

Retail sales in the Atlantic provinces have gone up. New Brunswick retail sales rose by three per cent, Nova Scotia by 1.1 per cent. **METRO HALIFAX**

local 5

# Top scientists flock to Halifax for coastal plan

JENNIFER TAPLIN

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**It didn't cost millions to bid, but Halifax beat out some stiff competition to host a major marine science conference this week.**

Four hundred of the world's top researchers in marine science are hashing out ideas at the World Trade and Convention Centre.

"There is a lot of competition to get that conference among the 20 member countries," said Serge Labone, one of two Canadian delegates of the International Council for the Exploration of the Sea (ICES).

ICES is a think tank, but also an advisory body to governments as well as environmental and fish-

## Why Halifax?

- Canada was a top pick because it is celebrating 100 years of marine science this year.
- Halifax in particular was chosen because of the Bedford Institute of Oceanography.

ery commissions around the world.

Joe Horwood, president of ICES, said they try to anticipate questions they'll get asked and the big question these days is how to manage coastlines.

"What is the role of science in helping governments with coastal planning, which is a major issue every where," he said.

With companies mining the sea beds and trolling coastal waters, the waters close to shore are

getting crowded.

"So what tools can we develop to help manage it and how much habitat do we actually need?"

A consensus needs to be made on what percentage of the coastline should be protected, Horwood explained.

There will be hundreds of presentations made by the time the conference wraps up Friday, but interwoven in them all is a familiar theme: Climate change.

"Climate change is an overarching theme for all marine research right now.

"If you look on the schedule, you'll find climate change talks in practically every single session," said Daniel Duplisea, Canadian research scientist based in Quebec.



Governor General Michaëlle Jean gives the keynote address in Halifax yesterday.

## Oceans not a 'dumping ground': Jean

DEVIN STEVENS

for Metro Halifax

**ENVIRONMENT** The Queen's representative in Canada was in Halifax yesterday, pleading for the world to stop treating the oceans like "a dumping ground."

"The sea is part of my

personal landscape," said Governor General Michaëlle Jean, as she kicked off an ocean science conference.

Jean spoke of her native Haiti, a country bordered by three oceans.

She said people in Canada's North reported some of the first effects of global warming.

"This country is made up of every hope we cherish, every dream we share," Jean told the 200 or so people gathered.

"One of those hopes, one of those dreams, one of those projects ... is to ensure the integrity of our ecosystems of which the sea is a vital part," Jean said.

## Baltic Sea study offers possible answers for N.S.

**ECOSYSTEMS** Two presentations at the ICES conference are of particular interest to Nova Scotians.

The role of sea ice in ecosystems and comparing the Baltic Sea to life in the St. Lawrence.

Daniel Duplisea, Canadian research scientist based in Quebec, said comparing the two bodies

of water half a world away could be very useful.

"If we can learn something from one system and transfer it to the other that would be great," he said.

There are common problems in both such as anoxia, which is a lack of oxygen in the bottom water.

"For something like a

cod that stays at the bottom most of the time if it can, they will avoid those areas of reduced oxygen so they will have a reduced habitat."

Also, cod levels in both areas are quite low.

Measures such as cutting the fishing might need to be employed to bring cod levels back.

METRO HALIFAX

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## Commuters get gifts for making 'right choice'



A cyclist winds his way through rush-hour traffic on Brunswick Street yesterday on World Car Free Day, during which commuters were rewarded for using transit instead of their cars.

JENNIFER TAPLIN  
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They got a few strange looks, but FUSION Halifax members reassured commuters they weren't selling them anything. For World Car Free Day, members of the youth environmental group thanked people as they got off or on the ferry at the Halifax terminal.

"A lot of the people were just grateful that it was us approaching them and saying thank you," said Nancy Bray.

They handed out water bottles, reusable bags and bus tickets as rewards for commuters taking transit instead of their cars.

"I think it's a nice gesture for people who are

making the effort, making the right choice," said Sarah Beal.

It was the eighth World Car-Free Day yesterday, but it was the first time FUSION gave away presents to transit users. Bray said it was such a success that they'll likely do it again next year.

**"I think it's a nice gesture for people who are making the effort."**

Sarah Beal

"We heard people tell us they tried to take the bus as much as possible," she said. "And we actually heard some people say they want to leave their car at home, but they can't because bus schedules don't meet up or it's not convenient."

FUSION Halifax started up last October as a network of young people "inspired to make their city a better and more sustainable place to live, work and play."

## Candidates reaching out through online social media

PHILIP CROUCHER  
philip.croucher@metronews.ca

Enjoy poking your political candidates? Well, rest easy. It's a sign of things to come.

Patricia Parsons, a public relations professor at Mount Saint Vincent University, said more candidates, especially in the federal election, are using social-media sites like Facebook and YouTube to get their message out and open up discussion with potential voters.

Social media is best described as media that allow conversation or debate. That means for a blog to be considered a social medium, it must allow readers

### On Facebook

• Mayoral candidate Sheila Fougere has started her own Facebook page with over 700 supporters.

to respond online.

Parsons said municipal candidates seem to be a bit behind their federal counterparts, but are still in the mix. For example, several councillors and school board candidates are using social media leading up to next month's HRM municipal elections.

"I don't think (social media is) going to go away ... so people have to understand more about it," said Parsons.



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**Police may have bought ticket for suspect in Greyhound stabbing**

A man arrested for allegedly stabbing a Greyhound passenger on Sunday was put on the Ontario bus by police hours before the attack, passengers said yesterday. David Wayne Roberts, 28, of Manitowadge, Ont., is in police custody following the stabbing. Wawa municipal police said it had helped a man obtain a bus ticket earlier Sunday. **CBC NEWS ONLINE**

7

# Canada



## Deserter can stay for now

U.S. army deserter Jeremy Hinzman and his family were granted a last-minute stay of deportation yesterday by a Federal Court judge while the court decides whether to hear their appeal. Hinzman, 39, his wife and two young children asked for the stay while the court decides whether to review a decision by Citizenship and Immigration officials not to let the family remain in Canada. **CBC NEWS ONLINE**

# Meltdown hits home

Canadians stressed about economy, but experts say to relax

JIM REYNO  
jim.reyno@metronews.ca



**It adds up, then it takes away. A few extra cents for bread, a little more for gas, higher insurance fees — all part of the ever-increasing cost of living.**

But it's not really about cost of living, it's about quality of life. More money for the essentials means less for the fun stuff — vacations, dining out, lower-bowl seats at a concert.

And Canadians are concerned, more concerned than ever, given the financial meltdown in the U.S.

According to an exclusive worldwide Metro readers poll, 65 per cent of Canadians are worried about the cost of living. That makes us

## An Atlantic perspective

John Eisner, president of Credit Counselling Service of Atlantic Canada, said cost of living is the primary worry for Maritimers. "We're having more people coming through the doors looking for ways to budget and manage their money so obviously

that's an indication," he said.

"Consumers need to be re-evaluating where they're at versus just continuing on their own merry way," he said. "It's something we all need to be concerned with."

JEN TAPLIN/METRO HALIFAX

the third most stressed nation, behind Portugal (83 per cent) and the U.S. (82). According to experts, the worry is warranted.

"A lot of what's happening on the world scale right now has really affected one's quality of living, and inflation is a huge part of that," said financial planner Rhonda Sherwood of ScotiaMcLeod in Vancouver. "So I do see that as a concern."

The cost of living is the biggest financial-crisis concern Canadians have, according to the poll. About 36 per cent are worried about their savings, ranking Canada fourth of the nine countries surveyed.

On the bright side, most respondents think their money is safe for now, but are monitoring the situation, placing Canada fourth (58 per cent). Thirty per

cent of us have total confidence and plan to change nothing, putting us fifth.

As for advice on how to handle the crisis, Sherwood says having a diverse, quality portfolio is the way to go. And relax.

"Every five years, 10 years, there will be some circumstance out there that will happen and your money will take a huge drop, and you'll panic and call me and think your world is coming to an end, as usual," said Sherwood. "I've been in this industry 20 years — it happens over and over."

"What you're feeling right now is the emotion of the market. But long term, you're fine. Long term, it's a good time to be buying right now — that's what I'm doing."

## Quebec Car Free Day



Bloc Québécois leader Gilles Duceppe, centre, participates in World Car Free Day in Montreal yesterday. The city closed a large area of downtown to traffic from 9:30 a.m. to 3:30 p.m.

## News in brief

**TAINTED MILK** Ottawa has expanded how many imported products will be monitored for tainted Chinese milk ingredients, but initial testing of infant formula has discovered no problems, the government said yesterday.

**BUST** A plantation of 40,000 marijuana plants has been discovered by police in a cornfield in eastern Ontario, CBC News Online reports. The Ontario Provincial Police described the bust as "the largest in Canada's history." **METRO NEWS SERVICES**

## Election hard on political families: Krieger

**POLITICS** The mud, tar and occasional puffin poop slung during a federal election can be rough on a politician's family, the wife of Liberal Leader Stéphane Dion said yesterday.

"It was painful at the beginning," said Janine Krieger, Dion's wife, in Vancouver yesterday.

"I don't think you get used to that. You just ignore it. You have to ignore that. Just to do your life."

Krieger, 53, a professor of international relations and strategic studies at the Royal Military College of Canada, got her first taste

of mud in the political cartoons following the 1995 sovereignty referendum.

In 1996, Dion was recruited by prime minister Jean Chrétien to promote federalism in Quebec.



Janine Krieger

Krieger said the attacks and negative personal campaigning are common among families of people seeking public office.

"I work with partners of Members of Parliament

and each of them has a story about how ill-treated their spouse has been during an election."

Among the current (non-puffin) attacks is a suggestion that Dion is a weak leader.

"It's totally untrue," Krieger said. "It's totally an invented character."

"The worst thing is that it sticks. When you repeat, and repeat and repeat lies and lies and lies it seems to become true. I hate that.... There's just no respect for the intelligence of the average Canadian."

JEFF HODSON/METRO CANADA



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## Notice of Public Review Period

### Sept. 15 - Oct. 24, 2008

## HRMbyDESIGN Draft 2 of the Downtown Halifax Urban Design Plan

HRMbyDesign's **Downtown Halifax Urban Design Plan** will guide growth and development throughout the downtown Halifax study area over the next 25 years. The Plan contains policies to guide and direct the development approvals process, increase focus on design excellence in architecture and public spaces, improve heritage protection (including the establishment of the **Barrington Street Historic District**), and outlines urban design strategies for issues such as transportation, affordable housing, sustainability, and many others.

**Public Review Period**  
Sept. 15 – Oct. 24

**Presentation & Open House**  
Sept. 24, 6 pm  
Cunard Centre, 961 Marginal Road

The plan documents can be accessed beginning September 15, at [www.hrmbydesign.ca](http://www.hrmbydesign.ca) or print and cd copies can be obtained at these two HRM Customer Service Centres: Scotia Square, Halifax, or 2<sup>nd</sup> floor Alderney Gate, Dartmouth.

For more information, or to submit your comments:

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NDP Leader Jack Layton is keeping an open mind about working with the Liberals if that's what it takes to topple Prime Minister Stephen Harper's Conservatives, repeatedly refusing to rule out any arrangement with Liberal Leader Stéphane Dion. **METRO NEWS SERVICES**

## Election 2008



Liberal Leader Stéphane Dion announces his party's campaign platform yesterday in Ottawa.

## Green Shift is revenue neutral, Dion promises

Liberal Leader Stéphane Dion is asking Canadians to trust him with a campaign promise to take \$40 billion from their pockets in the form of carbon tax and give it back in tax cuts.

That pledge is at the heart of the Liberals' election platform unveiled yesterday, a strategy that attempts to woo voters with new spending programs and tax cuts totalling \$55 billion over the next four years.

But Dion gave his word that his party's Green Shift strategy — which would hike the cost of fossil fuels

— would be revenue neutral.

Despite ambitious multi-billion-dollar campaign promises, Dion insisted yesterday a Liberal government would balance the books, thanks to various initiatives, including the carbon tax that would bring in \$40 billion in revenues and \$12 billion in so-called government efficiencies.

The platform is clearly aimed at fending off Conservative claims the Liberals' proposals would spark a "big recession."

**TORSTAR NEWS SERVICE**

### News in brief

**CRIME** Stephen Harper played the law-and-order card, seeking to tap into Canadians' fear of gang violence and street crime by proposing a crackdown on youth offenders. Under his proposed law-and-order

legislation, for the first time in modern Canada judges would have the option to sentence youths aged 14 and older to life in prison if they are convicted of first-degree or second-degree murder. **TORSTAR NEWS SERVICE**

# Uncle Sam and the bridge to nowhere

## National Report

Lawrence Martin



The state of the American union? You don't want to think about it. But as Canadians, we have no choice.

Wall Street? A basket case. Weapons of mass destruction all over the place. Deficit and debt? Off the charts.

Housing market? Shambles. Dollar? Falling.

Energy dependency? Worse than ever.

Globol reputation? The pits.

Quality of presidency? A lead candidate for worst in history.

War and peace? Iraq,

Afghanistan. Osama still at large.

Culture? Increasingly trashy.

Sarah Palin, John McCain's Veep pick, keeps talking about the bridge to nowhere. She might be on to something.

With George W. Hopeless as president, we knew their public sector was being turned into a wreck. Now we're discovering that the financial titans of the private sector are darn near in the same league.

Canadians who like to think we do things better up here will be feeling vindicated. We are spared the aforementioned afflictions.

But there are obviously other things to be considered,

starting with the pocket-book. The United States has been our bridge and if it's collapsing the consequences will reverberate loudly.

What to do? First is to realize that our days of wholesale dependency on the United States are over. Forget about that old-styled bilateralism. The loosening of the bonds is already underway. For the first time in a century our exports to the U.S. are steadily diminishing. The border is not disappearing as John Turner once predicted. Washington's security paranoia sees it being ramped up. Presidential candidates are bashing NAFTA.

Canada has come of age, is less colonially minded, is greatly empowered by its energy resources. Huge new markets are out there. It's time, finally, to get the eggs out of one basket.

As it has in the past, America will eventually get back on its feet. But unlike the last half-century, when it had no challengers to its paramouncy, a new megapower, China, is emerging. The old order, as we knew it, will never return.

Given our economic dependence on the U.S., that's a danger. But it's also an opportunity. A chance to be less beholden, to diversify, to build new bridges, to chart our own way.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.



## 308

The numbers are in for candidates running across the country after parties had until 5 p.m. yesterday to file their nomination papers in 308 federal ridings.

**CONSERVATIVES: 307**

The Tories chose not to run a candidate against colourful independent MP and former radio host André Arthur in the Quebec City area riding of Portneuf-Jacques Cartier.

**LIBERALS: 307**

The Liberals are not running a candidate against Green party Leader Elizabeth May in the riding of Central Nova.

**NEW DEMOCRATS: 308**

(a full slate)

**BLOC QUÉBÉCOIS: 75**

(a full slate in Quebec)

**GREEN PARTY: 306**

The Greens are not running candidates against Liberal Leader Stéphane Dion in his Montreal riding of St.

Laurent-Cartierville or popular independent MP Bill Casey, a former Conservative who May has dubbed an "honorary Green" running to keep his seat in the riding of Cumberland Colchester Musquodoboit Valley.

**TORSTAR NEWS SERVICE**

### News in brief

**TRAVEL** Elizabeth May's train tour stops today in Saskatoon, Melville, Sask., Rivers, Man., Winnipeg and Sioux Lookout, Ont. **METRO NEWS SERVICES**

**21** days remain until the 2008 Canadian federal election

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**Ex-U.S. official admits passport snooping**

A former U.S. State Department employee pleaded guilty yesterday to illegally snooping on about 200 confidential passport files of politicians, celebrities and others, the Justice Department said. Lawrence Yontz, 48, faces up to one year in prison and a US\$100,000 fine. **REUTERS**

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# World



## Age of rings questioned

Saturn's rings may be more massive and older than previously thought, researchers said yesterday. Findings to be presented at the European Planetary Science Congress in Germany bolster the possibility that the rings were formed billions of years ago.

Reuters

## Thailand 'Ruff' sailing as flood waters rise



A woman takes her dogs to safety through flood waters yesterday in Thailand's Lopburi province, about 150 kilometres north of Bangkok. Flash floods have damaged rice fields in northern Thailand recently, but it is too early to say how the main crop will be affected, officials say.

## Nearly 13,000 in hospital as China milk crisis grows

**HEALTH** The number of Chinese infants sick in hospital after drinking tainted milk formula doubled to nearly 13,000 and the country's top quality regulator resigned yesterday in the latest blight on the "made-in-China" brand.

Four deaths have been blamed on the toxic milk powder, which causes kidney stones and agonizing complications.

A total of 104 of the 12,892 hospitalized chil-

### Fears spread

- Brunei, Singapore, Malaysia, Hong Kong, Taiwan, Japan, Bangladesh, Gabon, Burundi and the Philippines are some of the countries testing Chinese dairy products or pulling them altogether.

dren were in a serious condition.

The official Xinhua news agency said in a brief state-

ment that the country's quality chief, Li Changjiang, had quit in light of the case.

"Li was the highest ranking official brought down so far by the dairy product contamination scandal," it said.

The Communist Party chief of Shijiazhuang, home to the Sanlu Group, which is at the centre of the scandal, has also been fired, Xinhua said, the latest official to lose their job for mishandling the incident. **REUTERS**

### News in brief

**PAKISTAN** Gunmen kidnapped Afghanistan's top diplomat to Pakistan yesterday after killing his driver, underscoring worsening security in the nuclear-armed country two days after a suicide bomber killed 53 people.

**MURDER** Four Sudanese men accused of killing a U.S. aid worker funded the murder with a donation from a Saudi Arabian man and money left over from a failed bomb plot, the Sudanese police's chief investigator told a court yesterday. The four men are charged with murdering John Granville, 33, and his driver, Abdelrahman Abbas Rahama, 39. **REUTERS**

## Taliban abducts over 140 Afghan labourers: Official

**AFGHANISTAN** Taliban insurgents have abducted more than 140 labourers involved in the construction of a military base in Afghanistan's western province of Farah, the provincial governor said yesterday.

They were seized by suspected militants on Sunday while travelling in three buses on a road in Bala Boluk district of Farah, governor Rohul Amin told Reuters. He added that authorities were trying to negotiate their release.

Both Taliban and criminal gangs are active in the area.

"Negotiations are under way by elders to release the innocent workers. We want to solve this issue peacefully without involving the military," Amin said.

A Taliban spokesman said he was not aware of the report of abduction by the militants.

A village elder who is involved in the negotiations said a powerful Taliban commander in the area was behind the abductions. **REUTERS**

## Masked gunmen kidnap 19 in Egypt

Eleven Westerners among those missing

**Masked kidnappers have taken 19 people hostage, including Western tourists on safari in a remote desert border area of Egypt and whisked them over the frontier into Sudan, Egyptian officials said yesterday.**

The kidnapping was the first of its kind in Egypt in living memory, though Islamic militants have hit the country's tourist industry in recent decades with bomb and gun attacks that have killed hundreds.

Security sources said the kidnappers were demanding US\$8.8 million to free the hostages, identified as

five Italians, five Germans, a Romanian and eight Egyptians. They said there was no sign militant Islamists were involved.

"They have been kidnapped and they have been moved outside the Egyptian borders by four criminals who have kidnapped them," said Tourism Minister Zohair Garrana. "This is a gang act (by) masked men."

There were contradictory reports about the fate of the hostages. Egypt's foreign minister, Ahmed Aboul Gheit, said at the United Nations that the tourists had been freed and were safe and sound,

but officials later said that was not the case.

"It is premature to say they are released. The negotiations are still continuing," cabinet spokesman Magdy Radi said. Egypt's state news agency MENA also said talks were still under way, citing an unnamed official.

MENA reported the tourists had spent the night of Sept. 16 in a hotel in Dakhla oasis in Egypt's Western Desert before heading out toward the Gilf al-Kebir national reserve. They had been due to reach another oasis Saturday to end their tour, but never made it. **REUTERS**

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Gaming products maker Aristocrat Technologies won a patent battle with International Game Technology over infringement of two patents used in slot machines yesterday, as an appeals court tossed out a lower court's ruling in IG's favour. **REUTERS**

# Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

## Business in brief

**ECONOMY** Canadian retail sales inched up 0.1 per cent in July, their slowest pace since March, a sign that consumer spending is slowing due to high prices and the economy.

**DEPARTURE** Sallie Krawcheck, head of Citigroup Inc.'s wealth

management unit, will step down from the company — it's not clear why.

**APPOINTMENT** Australia's Francis Gurry was endorsed as head of the World Intellectual Property Organization yesterday. He will start Oct. 1. **REUTERS**

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## End of Wall Street deal-making era

**Wall Street's last two big investment banks, Goldman Sachs and Morgan Stanley, secured Federal Reserve approval to become banks, ending the swashbuckling era of American deal-making.**

Morgan Stanley also agreed to sell up to a 20 per cent stake to Japan's Mitsubishi UFJ Financial Group, sending Morgan Stanley shares higher.

Elsewhere, the market was unsettled by the \$700 billion bailout, as details on its mortgage-related terms are still unclear.

**REUTERS**

## CEO pay cuts?

High CEO pay is the hot issue as lawmakers propose buying up toxic mortgage securities and banks, whose executives are among the highest paid in corporate America despite big losses.

## Photokina A photogenic kitty



A model displays the Canon EOS 5D MarkII one day before the opening of the Photokina 2008 World Fair for Imaging in Cologne yesterday. The Photokina Fair runs until Sept. 28.

REUTERS/KASSIN/REUTERS

## Market squeeze could hurt wireless sector

**WIRELESS** Tight debt and equity markets mean that newcomers to Canada's wireless sector could be delayed in launching services to compete with the Big Three carriers, analysts say. Obtaining financing to

build a network could prove difficult because of the meltdown in the U.S. financial services sector.

This could hinder newcomers from becoming competition, a key aim for the auction. **REUTERS**

## THE DAILY BUSINESS BUZZ

**AIF borrowers slow to repay:** After six years, only five of 18 recipients of Atlantic Infrastructure Fund money have begun repaying their loans. Just \$1.35 million of the original \$44 million has been repaid by four companies.

### Flight attendants fight:

Air Canada flight attendants say the closure of attendant bases in Halifax and Winnipeg on Nov. 1 to cut costs, have "no business case or economic justification."

### Clearwater consortium OK'd:

Clearwater Seafoods Income Fund shareholders have approved a planned consortium, led by Clearwater Fine Foods Inc., to acquire the business of the fund for \$4.50 cash per unit.

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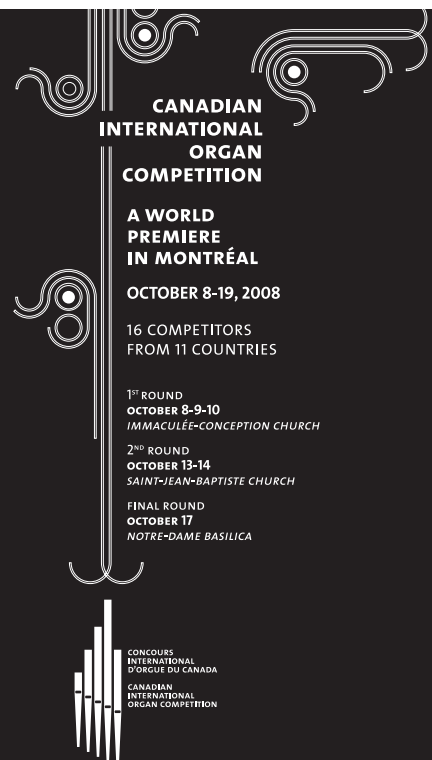


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Musique 90.7, 103.5, 104.5, 105.5, 106.5, 107.5, 108.5, 109.5, 110.5, 111.5, 112.5, 113.5, 114.5, 115.5, 116.5, 117.5, 118.5, 119.5, 120.5, 121.5, 122.5, 123.5, 124.5, 125.5, 126.5, 127.5, 128.5, 129.5, 130.5, 131.5, 132.5, 133.5, 134.5, 135.5, 136.5, 137.5, 138.5, 139.5, 140.5, 141.5, 142.5, 143.5, 144.5, 145.5, 146.5, 147.5, 148.5, 149.5, 150.5, 151.5, 152.5, 153.5, 154.5, 155.5, 156.5, 157.5, 158.5, 159.5, 160.5, 161.5, 162.5, 163.5, 164.5, 165.5, 166.5, 167.5, 168.5, 169.5, 170.5, 171.5, 172.5, 173.5, 174.5, 175.5, 176.5, 177.5, 178.5, 179.5, 180.5, 181.5, 182.5, 183.5, 184.5, 185.5, 186.5, 187.5, 188.5, 189.5, 190.5, 191.5, 192.5, 193.5, 194.5, 195.5, 196.5, 197.5, 198.5, 199.5, 200.5, 201.5, 202.5, 203.5, 204.5, 205.5, 206.5, 207.5, 208.5, 209.5, 210.5, 211.5, 212.5, 213.5, 214.5, 215.5, 216.5, 217.5, 218.5, 219.5, 220.5, 221.5, 222.5, 223.5, 224.5, 225.5, 226.5, 227.5, 228.5, 229.5, 230.5, 231.5, 232.5, 233.5, 234.5, 235.5, 236.5, 237.5, 238.5, 239.5, 240.5, 241.5, 242.5, 243.5, 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BMO	CIBC	ICICI	ING	PCF	RBC	Scotia	TD
1.0%	0.2%	3.4%	3.0%	3.05%	2.75%	2.25%	0.05%

Interest rates/Savings accounts  
METRO NEWS SERVICES

Note: Please check bank websites as some rates require a minimum account balance.

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## Your Money

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

# Solace in a recession

## SmartCookies



With gas prices on the incline, the job market on the decline and signs of the real estate market softening, a feeling of discouragement is to be expected.

As times get tougher, reigning in our spending and paying down our debt should be our first strategy when it comes to recession proofing. However, in the face of adversity, there is always opportunity. In true Smart Cookie style, we have chosen to focus on the silver lining of this black financial cloud. Below are some tips on ways you can capitalize on our current financial climate: **Stock Up On Small Cap Stocks**

Drops in the financial markets may present op-

portunities for your investment portfolio and educating yourself around some of the best prospects for investment can be as easy as looking to the past.

Recent research by MZ Capital Management found that three years after the past nine recessions, small cap stocks outperformed large cap stocks by nearly 50 per cent. This comparison looked at the performance of the S&P 500, which reported an average return over a three-year period of 28.2 per cent versus 76.2 per cent for the Fama/French Small Cap Value benchmark portfolio.

Of course, before making any investment decisions, we recommend that you do your research, speak to your financial planner or someone you know who is knowledgeable when it comes to investing.

**Get On-board Cruise Travel**  
Even amid soaring fuel prices, the cruise industry has been offering competi-

**"... Home renovations and repairs are the one area where we are likely to see prices decrease instead of just freeze."**

tive packages to entice North American travellers to get into cruise travel. If you are looking to get away, why not take advantage of one of these deals? Many cruise lines are even offering discounted or free airfare as well as the option for kids to sail free. A spokesperson at Expedia Cruiseship Centres says that cruising prices are at a three-year low, with current deals available for as little as \$500 for a Royal Caribbean Cruise.

**Renovation Jubilation**  
Although the assessed value of your home may not be as high as it was a year ago, now may be a great time to consider ren-

ovations. Sound crazy? In a softer economy, wait times on construction projects generally drop and trades people, who are more likely looking for work, are often willing to barter.

According to the Consumer Association of Canada, home renovations and repairs are the one area where we are likely to see prices decrease instead of just freeze.

Questions? E-mail smartcookies@metronews.ca.

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

## Investing

Allan Small

How is the U.S. government's financial bailout going to affect the markets?  
Read this week's column at metronews.ca



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## Stocks: Risky business

**Q My wife and I have several thousand dollars invested in Guaranteed Investment Certificates. This will be used to buy our first home. GIC interest rates are low. I believe we can get greater returns in the stock market. Many stocks have historical returns of 10 to 15 per cent. My wife disagrees and wants nothing to do with them. Is this the right time to buy Canadian stocks while they are low?**

**A** These are very tumultuous times. Last week's stock market rollercoaster ride is a reflection of uncertainty in the market. The U.S. financial meltdown has global implications and not just restricted to North America.

Speculation in the current market is not for individuals that cannot afford to lose a large portion of

## MoneyMatters



their investment. With our so-called stock experts reeling and baffled, this may not be a place for an unsophisticated investor. Most stock experts agree, investors in the market should not panic to sell if they are in for the long-term. GICs are not as exotic or adventurous as stocks, but the interest is guaranteed and principal safe. If you need your savings in the short-term, the stock market is not for you.

Henry Choo Chong, CGA, provides professional accounting and taxation solutions: [choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca).

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**WHEN:** Tuesday, October 14th, 2008 from 8:30am to 5:00pm  
**Contact:** Flavia Saldanha 423-3607 ext. 238 or [ibds@misa.ns.ca](mailto:ibds@misa.ns.ca)  
**Cost:** \$50 for sellers • \$20 for buyers (includes luncheon)

Business should be valued at under \$1 million. Seating is limited, pre-registration and pre-payment is required.

**Deadline for registration is October 1st, 2008**

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# Student Cents

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

## by the numbers



Drinking can have both financial and social consequences, a new report shows.

Not only can tying one on get expensive, it can have serious social consequences. A U.S. report released in 2007 by The National Center on Addiction and Substance Abuse at Columbia University, the result of four years of research, revealed the following:

- 1,717 deaths from unintentional alcohol-related injuries in 2001, up 6 per cent from 1998
- A 38 per cent increase from 1993 to 2001 in the proportion of students injured as a result of their own drinking
- A 21 per cent increase from 2001-2005 in the average number of alcohol-related arrests per campus. In 2005, alcohol-related arrests made up 83 per cent of campus arrests
- 97,000 students were victims of alcohol-related rape or sexual assault in 2001
- 696,000 students were assaulted by a student who had been binge drinking in 2001

— CONSUMERAFFAIRS.COM

## No money? No problem!

Students can still have fun if they're broke: Experts

BRIAN TOWIE  
brian.towie@metronews.ca



**The weekend's on its way and you're looking for something to do. You open your wallet to find nothing but pennies and lint. What now?**

To rephrase a rap song by the late Notorious B.I.G.: No money, no problems. Fun doesn't always mean you have to spend cash. There are various ways to fill your social calendar, possibly without dropping a dime. You just

need to show a little ingenuity and keep your ear to the ground.

"Having no money can be a good thing for people who want to have fun, because it forces you to think outside of the box, to come up with new ideas," according to Sam Gruszecki, director of strategic initiatives at Meet Market Adventures, an event planning service for singles. "It's all about being creative, and if everybody's having fun, they appreciate it that much more."

Instead of throwing



One of the best ways students can save money is to skip the alcohol and go for coffee with friends instead, experts say.



One way to have fun with your friends without spending money is to get together to play organized sports, such as flag football.

around your dough, you can try the following, according to Gruszecki: Play board games in the park, build sandcastles on the beach, ferment your own alcohol, get people together for organized sports like flag football or build a birdhouse.

Even the arts can come cheap. Indie bands and budding actors often perform at local pay-what-you-can venues, a much more cost-effective way to see live theatre or music than paying more than \$100 to see a big-name production. You'll find listings for these events in local free papers, and your local campus newspaper.

"There are a couple of key things you can do. Pick up one of those free papers that heavily cover the local entertainment scene —

they're full of listings of things to do for people who have next to no money," says Chris McGrath, student affairs representative at the University of Toronto's Mississauga campus. "Early in the semester, there might even be some free festivals going on in your city. You can have a look around. Also, check your campus paper for what's new: You can find out about any new clubs or organizations."

Students are getting wiser with their cash, says McGrath, and one of the best ways to save it is to not drink. He says that more often, in the interest of preserving their funds (and their livers), undergrads are opting to leave the hooch out of the fun.

"The average weekend for a student might run be-

**"Having no money can be a good thing for people who want to have fun, because it forces you to think outside of the box."**

Sam Gruszecki

tween \$20-\$40; it really depends on what they're doing, though. Times have really changed. We're finding that students are getting wiser with their money," he said. "Booze is expensive. Pubs are rapidly becoming a kind of community centre for students, spaces where students are choosing not to drink. They might have a coffee and chat all afternoon."



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**Eagles' Westbrook listed as day-to-day**

Philadelphia Eagles head coach Andy Reid listed star running back Brian Westbrook as day-to-day with a strained right ankle at press conference yesterday. Westbrook left Sunday's 15-6 win over Pittsburgh after suffering the injury on the first play of the second quarter. **METRO NEWS SERVICES**

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# Sports



## 2010 World Cup mascot unveiled

The mascot for the 2010 World Cup in South Africa was unveiled in Johannesburg yesterday, with FIFA opting for a leopard named Zakumi, left, for the showpiece football tournament's first visit to Africa. The name is a composition of "ZA", standing for South Africa, and "kumi" translating into "10" in various languages across Africa.

METRO NEWS SERVICES

EDITOR: SPORTS@METRONEWS.CA

# CFL has itself a messy week

## Blackening out the farewell to CFL legend Lancaster a terrible choice

### YorkReport



marty.york@metronews.ca

The CFL has provided better football this season than it has in years, possibly decades, but this past weekend was less than winsome for the league.

In fact, it was downright disastrous. All four games produced negative story lines. Consider:

**Friday night:** The Tiger-Cats lost to the Winnipeg Blue Bombers in Hamilton after botching a snap on a short field-goal attempt in the dying seconds. Not a bad game, especially for greenhorn backup **Quinton**

### Matthews on a cold streak

Don Matthews has lost eight of his past nine games as a CFL head coach. On Saturday, his Argonauts are in danger of

losing their third consecutive game by 30 points. The Calgary Stampeders are 10-point favourites in Toronto.

**Porter**, who'll likely replace **Casey Printers** — the CFL's highest-paid player — as Hamilton's starting quarterback.

Thing is, the Ticats made a terrible choice to black out TSN's game broadcast in parts of Southern Ontario, preventing the area's viewers from seeing an emotional farewell to CFL legend **Ron Lancaster**, who died last week, as well as tributes to **Doug Flutie**, **Michael 'Pinball' Clemons**, **Mike Pringle** and other luminaries inducted into the Canadian Football Hall of

Fame in Hamilton.

"Black out any game you want," said **Mike Morreale**, marketing chief for the CFL Players Association, "but not when we're honouring the men who made this league."

**Saturday night:** The Argonauts were thoroughly dominated by the Stampeders in a 34-4 rout in Calgary. Four measly points is inexcusable in the high-scoring CFL. And painfully dull.

Since **Don Matthews** resurfaced as the Argos' coach, his team has been outscored 73-13 in two

games. Pathetic.

**Saturday night:** The Lions were beating the Roughriders in Saskatchewan when fans decided to pelt beer cans at the B.C. bench. The team left the sidelines briefly.

The CFL is investigating and likely will beef up stadium security. As well, it'll start penalizing home teams for fans' misconduct of this nature.

"Even (Lions receiver) Jason (Clermont) is embarrassed to say he was born and raised (in Regina)," B.C. kicker **Paul McCallum** said. "I don't know what the fans are thinking. It's a football game. We're on the sidelines trying to work. Can you imagine if I go to some guy's work and ... start firing projectiles at him? Where's the common sense? I don't get it."

**Sunday:** The Eskimos fumbled five times and equalled the Argos' ineptitude by producing a mere four points against the Alouettes in Montreal's 40-4 slaughter.

Coach **Danny Maciocia** called his team's performance "terrible" and its worst since he joined Edmonton in 2002.

Also terrible was the fact the game was aired on TSN2, which isn't carried by English Canada's largest cable distributor, Rogers.

Mind you, considering what a fiasco this mismatch was, perhaps depriving so many viewers from watching it was the most positive development for the CFL on the weekend.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

## New Orleans' Shocky out for 3-6 weeks

**NFL** New Orleans tight end Jeremy Shocky will undergo sports hernia surgery this week, keeping the Saints' new offensive target out three-to-six

weeks, the team confirmed yesterday.

Shocky, acquired in the offseason from the New

York Giants for second and fifth-round draft choices in 2009, has recorded 16 catches for 151 yards in New Orleans' first three games this season.

## Harris might miss rest of the season

**NFL** Green Bay Packers cornerback Al Harris has a ruptured spleen and could possibly miss the remainder of the season, according to a report by the Green Bay Press-Gazette yesterday.

Harris has seven tackles and five passes defended in three games this season with Green Bay, his sixth with the club.

## Abdur-Rahim retires from NBA

**NBA** Shareef Abdur-Rahim, a 12-year NBA veteran most recently with the Sacramento Kings, announced his retirement yesterday due to a reoccurring knee injury.

Abdur-Rahim was well known in the Western Conference with stops in Portland, Vancouver and Sacramento along with a brief stint in the Eastern Conference with Atlanta. He averaged 18.1 points, 7.5 rebounds and 2.5 assists per game over 830 career contests.

## Sheffield handed suspension

**MLB** Detroit Tigers designated hitter Gary Sheffield was suspended four games by Major League Baseball for his actions in Friday's Tigers-Indians contest in Cleveland.

A total of four players were suspended stemming from the brawl in Friday's game. **METRO NEWS SERVICES**

### Sports in brief

**NBA** The Washington Wizards announced yesterday they have picked up the one-year option on the contract of head coach Eddie Jordan, keeping the coach on the sidelines through the 2009-10 season. The Wizards also signed free agent forwards DerMarr John-

son, Linton Johnson and Taj McCullough yesterday.

**NFL** Washington Redskins veteran defensive end Jason Taylor is expected to miss at least one game after undergoing surgery yesterday to repair a calf injury. **METRO NEWS SERVICES**

### SCOREBOARD

QMJHL				Hockey			
TONIGHT'S GAME				Houston	82	73	529 12%
Victoria/Seattle at Shawinigan 8				St. Louis	80	75	516 14%
TOMORROW'S GAME				Cincinnati	72	83	465 22%
HALIFAX at Acadie-Bathurst, 7				Pittsburgh	65	91	417 30
MLB				WEST DIVISION			
AMERICAN LEAGUE				W	L	PCT	GB
EAST DIVISION				L.A. Dodgers	81	75	519 -
y-Tampa Bay				Arizona	78	77	503 2%
w-Boston				Colorado	71	85	455 10
New York				San Francisco	70	86	449 11
Toronto				San Diego	61	95	391 20
Baltimore				(w — teams currently holding wild-card spots; x — clinched division title; y — clinched playoff spot)			
BALTIMORE				YESTERDAY'S RESULTS			
CENTRAL DIVISION				AMERICAN LEAGUE			
W				Cleveland 4 Boston 3			
Chicago Sox				Kansas City 6 Detroit 2			
Minnesota				Tampa Bay 4 Baltimore 2			
Cleveland				Oakland at Texas			
Detroit				L.A. Angels at Seattle			
Kansas City				NATIONAL LEAGUE			
WEST DIVISION				Chicago Cubs 9 N.Y. Mets 5			
W				Cincinnati 7 Florida 5			
x-L.A. Angels				Philadelphia 6 Atlanta 2			
Texas				Arizona at St. Louis			
Oakland				TODAY'S GAMES			
Seattle				AMERICAN LEAGUE			
NATIONAL LEAGUE				Tampa Bay at Baltimore, 6:05 PM			
EAST DIVISION				Cleveland at Boston, 8:05			
W				Kansas City at Detroit, 8:05			
Philadelphia				N.Y. Yankees at Toronto, 8:05			
w-New York				Oakland at Texas, 9:05			
Florida				Chicago Sox at Minnesota, 9:10			
Atlanta				L.A. Angels at Seattle, 11:10			
Washington				NATIONAL LEAGUE			
CENTRAL DIVISION				Atlanta at Philadelphia, 8:05			
W				Chicago Cubs at N.Y. Mets, 8:10			
Chicago Cubs				Florida at Washington, 8:10			
Milwaukee				Cincinnati at Houston, 9:05			



Toronto Maple Leafs' Ben Ondrus (right) fights with Buffalo Sabres' Patrick Kaleta during the first period of their pre-season NHL hockey game in Toronto yesterday.

## Toronto pounds Sabres at home

**NHL** Dominic Moore scored twice, as the Toronto Maple Leafs roughed up the Buffalo Sabres, 7-4, in the preseason opener for both teams at Air Canada Centre.

Carlo Colaiacovo, Robert Earl, Boyd Devereaux, Matt Stajan and Jiri Tlustý also scored in an impressive debut for new head coach Ron Wilson, whose Maple Leafs finished with a disappointing 83 points last sea-

son, good for 12th in the Eastern Conference.

Justin Pogge allowed three goals but turned away 21 Buffalo shots, earning the win in two periods of action. Curtis Joseph roamed the crease in the third and let one get by him while halting four shots.

**New York 2 Ottawa 1**  
Henrik Lundqvist stopped all 12 shots he faced in two periods, as the

New York Rangers edged the Ottawa Senators, 2-1, in preseason action.

Veteran Petr Nedved and Lauri Korpikoski lit the lamp for the Rangers, who finished last season as the fifth seed in the Eastern Conference.

In other action Pittsburgh snuck past Tampa Bay 3-2; Philadelphia downed New Jersey 4-1 and Los Angeles beat St. Louis 2-1. **METRO NEWS SERVICES**



The Halifax Lions will look to win their first Maritime Junior A Hockey League game tonight at 7 p.m. when they host the Pictou County Weeks Crushers at the Halifax Forum. The Lions are last in the Bent Division with a 0-2-2 record. **METRO HALIFAX**

## Local added to under-17 national team

**SOCCER** Lower Sackville's Nkem Ezurike is off to Berck-sur-Mer, France, with Canada's under-17 women's soccer team to attend a pre-camp for the FIFA under-17 women's World Cup.



Ezurike

Canada faces France on Friday and Sunday in a pair of friendlies and opens the World Cup on Oct. 27.

Ezurike, a striker, spent the summer with Nova Scotia Soccer League premiership champion Halifax City Quincy's.

METRO HALIFAX

## Sports in brief

**NHL** The Detroit Red Wings cut former Halifax Mooseheads forward Bryce Swan yesterday. The Alder Point native turned down a contract offer from the Anaheim Ducks, who drafted him 38th overall in 2006.

**BASEBALL** The Halifax Pelham Canadians host the Kentville Wildcats tonight at 7:30 p.m. at Mainland Common in Game 3 of the NSSBL best-of-seven final. The Canadians have a 2-0 series lead.

METRO HALIFAX

# Bergeron shines for Bruins

Forward returns after 11-month absence caused by a concussion

**MATTHEW WUEST**  
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**Bruins 8 Canadiens 3**

**The Boston Bruins sure could have used Patrice Bergeron last year against those stubborn Montreal Canadiens.**

The 23-year-old forward returned to the lineup for the first time in almost 11 months last night at the Metro Centre and had a goal and three assists to help the Bruins lay a beating on their bitter rivals in an 8-3 win in the NHL pre-season.

Bergeron had been out of the lineup since last Oct. 27, when he suffered a severe concussion on a hit from behind by Philadelphia Flyers defenceman Randy Jones.

"It was a lot of fun — I felt great out there," said Bergeron, who has 189 points in 239 career NHL games.

"I had to get my rhythm back in the first but I had so much fun. I'm happy it's over now and I can look forward."

Boston lost 12 of 15 regular-season and playoff



Montreal Canadiens forward and former Mooseheads star Alex Tanguay takes a shot on Boston Bruins goaltender Manny Fernandez during last night's NHL exhibition game at the Metro Centre.

games against the Habs last year, with Bergeron out for 14 of them.

Bergeron scored with 9.4 seconds left in the second period, winning a faceoff and going to the net to tip in a point shot to put Boston up 5-2. He also made a pinpoint pass to Aaron Ward for a wide-

open tap-in with 8:53 left in the third.

He was thrown right back into the fray in the heated rivalry. Hard hits and four entertaining fights had the crowd of 7,792 buzzing, but the physical play didn't faze Bergeron.

"Pretty much after you get the first hit, you feel

fine," the 6-foot, 186-pound former Bathurst Titan star said. "I guess the confidence comes back and it's like you never missed a game."

The Canadiens were sluggish for most of the night, outshot 42-19 overall after managing just three shots in the first.

Marco Sturm and Vladimir Sobotka buried two goals apiece for the Bruins, while Andrew Ference had the other.

Ference, who gained notoriety in these parts for fighting Cole Harbour's Sidney Crosby last season, added two assists and finished with a Gordie Howe Hat Trick, but was ultimately ejected for instigating a fight with Andrei Kostitsyn.

The rivalry was all new for Hammonds Plains native Brad Marchand, who is entering his rookie season as a professional in the Bruins' organization. He played an energetic game and had several quality scoring chances.

"Right away, you could tell how much the guys wanted to win and how much the coach wanted to win," Marchand said. "There was a lot of pride on the line. It's a huge rivalry."

The Bruins practice today at Cole Harbour Place. Half of their team heads to Moncton tonight to play the New York Islanders. They practice again tomorrow in Cole Harbour and face the Detroit Red Wings on Thursday at the Metro Centre.

## Tanguay excited to be a Hab

**MATTHEW WUEST**  
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**NHL** With his old No. 18 hanging in the rafters above, former Halifax Mooseheads great Alex Tanguay took a new number for a whirl last night. But No. 13 wasn't so lucky.

Tanguay's debut with the Montreal Canadiens and his return to the Metro Centre was far from triumphant, as the Habs lost 8-3 to the Boston Bruins in NHL pre-season play.

Still, Tanguay likes what he sees from his new team.

"This team has a lot of speed and a lot of guys that can play an up-tempo style, and I think I should fit in well with that system," said Tanguay, whose offensive creativity was stifled at times last season with the tight-checking Calgary Flames. "Tonight wasn't a good example, but it's part of the process."

Tanguay, who had an assist, was forced to pick a new number because Montreal retired Serge Savard's No. 18.

"Why not?" he asked, of his choice. "Thirteen



Montreal Canadiens forward and former Mooseheads star Alex Tanguay during last night's NHL exhibition game against the Boston Bruins at the Metro Centre.

hasn't been worn in Montreal since the 1920s, so maybe it will bring luck."

Spryfield's Ryan Flinn, vying for a roster spot with the Canadiens, threw down with Bruins enforcer Jeremy Reich at 11:15 of the third period. Flinn didn't let up, landing a series of punches before taking Reich to the ice.

The Bruins left Hammonds Plains native Andrew Bodnarchuk out of the lineup, but he'll play tonight when the team faces the New York Islanders in Moncton.

The Bruins cut tryout forward Yuri Cheremetiev, who will return to the Halifax Mooseheads for the season.

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**Five-star babies?**

Australian fertility specialists aim to ease the stress out of making babies by combining their clinic with a five-star luxury resort, complete with a spa and masseurs. **REUTERS**

# Health



## Drink fewer...

One soft drink a day — even the sugar-free kind — jacked up blood pressure risk by 18 per cent, according to a 2007 study published in *Circulation*. Its author, Harvard Medical School instructor Ravi Dhingra, says the high caramel content in some soft drinks may promote blood vessel inflammation, which in turn increases blood pressure. High caffeine and taurine levels in energy drinks are also known to elevate heart rate. **BEST HEALTH MAGAZINE/BESTHEALTHMAG.CA**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# If the shoe fits ... or doesn't

Some opting for cosmetic surgery on feet

CELIA MILNE  
for Metro Canada



**Are you longing for a pair of high-heeled, pointy-toed boots for fall? Wish you had Sarah Jessica Parker's slender tootsies?**

Use common sense to figure out whether those sexy boots in the store window are realistic for you.

Foot surgeons, especially in the U.S., are reporting women will go to extreme lengths to get their feet into glamorous boots and shoes.

The most radical operations are toe shortening, foot narrowing, toe amputation and injecting silicone into the ball of the foot to add more padding.

Orthopedic surgeons generally don't do foot surgery unless the patient is in pain or can't function properly, but that doesn't stop some women from asking for purely cosmetic foot surgery. "Patients really want it. They will deal with the pain afterward. They want to wear that shoe," says Dr. Donald Bohay, a spokesperson for the American Orthopedic Foot and Ankle Society and an orthopaedic surgeon in Grand Rapids, Mich. "We

don't operate willy-nilly, we want to make sure the benefit is worth the risk."

The problem he says, is "to make the foot prettier, you make it worse."

Risks of foot surgery include infection, nerve injury, pain, deformity and swelling that can last as long as six months. "It doesn't make sense to put yourself at risk for something that is cosmetic," says Dr. Bohay.

Dr. Bohay has had women ask him to shorten one of their toes because their feet look bad in sandals. He always says no to cosmetic foot surgery, but fears another health care practitioner will eventually say yes. "If someone wanted it badly enough, they could find someone to do it. It wouldn't be right, but they could find somebody."

In Canada, says Dr. Johnny Lau, president of the Canadian Orthopaedic Foot and Ankle Society, the

problem exists, but is less prevalent. "It's done in the U.S. — shortening toes. I get people walking in occasionally (asking for the operation), but it is more common for Americans."

**"Patients really want it. They will deal with the pain afterward. They want to wear that shoe."**

Dr. Donald Bohay, a spokesperson for the American Foot and Ankle Society

who is an orthopaedic surgeon at University Health Network in Toronto.

Dr. Lau is an advocate of designing shoes that fit the majority of the population, with wider toe boxes, for instance. He also hopes women use common sense when buying shoes. "Expectations to get into certain shoes are unrealistic," he says. Ironically, those he does operate on — who may have painful bunions or clawfoot — usually developed their painful condition from wearing the wrong shoes.



The shoes of actress Sarah Jessica Parker, who is famous for wearing the type of glamorous shoes and boots some women get cosmetic surgery to fit into.

UNION PHOTOGRAPHY IMAGES

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## Healthy living cuts premature death risk

**RESEARCH** Women who heed common sense health messages about smoking, diet and exercise can cut their risk of premature death in half,

U.S. researchers said recently.

Many studies look at the impact of just one lifestyle change on overall health, but researchers at Harvard

University wanted to see the total impact of a healthy diet, regular exercise, a healthy weight and a lifetime without smoking. **REUTERS**

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Bridget Moynahan has been cast on Eli Stone as a love interest for the visionary title character. Thus far, the duration of Moynahan's run on the sophomore drama is unclear. **TVGUIDE.COM**

# Entertainment

## Holmes' new BFF

Jude Law is set to star in Sherlock Holmes as Dr. Watson. The actor is reportedly being cast to appear opposite Robert Downey Jr. in Guy Ritchie's movie based on the fictional detective. **FEMALEFIRST.CO.UK**



# Disciple devilishly good

**PHILIP CROUCHER**  
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If you like a well-written story with strong acting and a few laughs, then George Bernard Shaw's *The Devil's Disciple* is the play for you.

The critically acclaimed show is the first play of the 45th season at Neptune Theatre and as a kick-off, *The Devil's Disciple* gets things off to a very strong start.

Under the thoughtful direction of Christopher Newton, the two-hour play is entertaining from beginning to end and is led by the strong acting of several main characters, including Paul Braunstein, who plays the lead role of Richard Dudgeon.

First produced in 1897, *The Devil's Disciple* was Shaw's first critical and popular success and his only play set in North America. The story is set in the midst of the American Revolution, and has Dudgeon as a son-of-Lucifer who is mistaken for a Presbyterian minister and is then arrested by British troops and sentenced to death.



Richard Dudgeon (played by Paul Braunstein) sits down for tea with Judith Anderson (Kate Lavender) in *The Devil's Disciple*.

Even knowing his fate, Dudgeon refuses to reveal his true identity and winds up turning into a hero in a town that used to very much despise him.

The play features several strong scenes, including one between Dudgeon and the minister's wife Judith Anderson, who is played by Halifax's Kate Lavender. Braunstein and Lavender

enjoy a wonderful chemistry on stage and it is shown when Dudgeon is taken into custody by several British troops while sitting down for tea with Anderson — who eventually develops feelings for the man she once couldn't stand.

Margot Dionne, playing the role of Richard's mother, is also stellar on stage,

delivering a strong performance in the opening scene which lays the foundation for the show's remaining 90 minutes.

The set is simple, but varied throughout and the 19th century costumes help bring the story to life.

*The Devil's Disciple* is truly an enjoyable two hours at the theatre. Even with the backdrop and cos-

tumes being from a different era, the storyline is one people can relate to.

### If you go

- What: *The Devil's Disciple*
- Where: Neptune Theatre
- When: Through Oct. 12.
- Cost: \$27 to \$42. Call 429-7070

## Judge sides with Hari Puttar

**IN COURT** A court in Delhi, India, has rejected a lawsuit filed by film studio Warner Bros. against the makers of a Bollywood film, Hari Puttar, BBC News Online reports.

The makers of the blockbuster Harry Potter films said the title of the Indian movie was too similar.

The court said Warner Bros. could have brought the case three years ago and said readers could easily distinguish Hari Puttar from Harry Potter. The court decision means the film can now be released in India. It's scheduled to hit theatres Sept. 26.

Mirchi Movies, the makers of the Bollywood film, said Hari Puttar had no connection with the Harry Potter movies.

Mirchi told the court Hari was a popular Indian name and Puttar means "son" in Hindi and Punjabi. **METRO NEWS SERVICES**

## DVD picks



### Sex and the City

Paramount

Director: Michael Patrick King

**SEX AND THE CITY** smartly picks up the threads the HBO television series left dangling when it signed off four years ago.

All the main players are back: Writer Carrie (Sarah Jessica Parker), sex-crazed Samantha (Kim Cattrall), sunny Charlotte (Kristin Davis)

and Mensa-minded Miranda (Cynthia Nixon). They're now mature women in their 40s (and beyond) negotiating the rocky shoals of life after singlehood.

Oh, there's oodles to ogle — designer Patricia Field supplies upwards of 300 outfits — and there's even some sex. But SATC is more than just a fan dance around heavy breathing and rampant consumerism. Serious life issues being worked on result in a chick flick that's as satisfying as a steak and as much fun as a box of chocolates.

The two-disc set extends the film by 12 minutes, with commentary by director Michael Patrick King.

There's also a digital copy of the movie, deleted scenes, a "conversation" between Parker and King and a featurette about the film's fashions.

## The Godfather: The Coppola Restoration

Movies: *The Godfather*, *The Godfather II*, *The Godfather III*  
Paramount  
Director: Francis Ford Coppola

**IF YOU THOUGHT** there wasn't much more to be said about Francis Ford Coppola's master chronicle of Mafia padrino Don Corleone (Marlon Brando) and his brutal family, here's an offer you can't refuse. There's a whole disc worth of fresh material on this five-disc (four discs in Blu-ray) set and it's good stuff.

Most of it is devoted to appreciation of *The Godfather's* vast influence on popular culture and also to the painstaking restoration project.

The Coppola commen-

taries and disc of extras from the previous DVD boxed set are also included, so you get the extra scenes and other valuable *Godfather* treasures.

It is hard to overstate the quality of the acting, directing and storytelling for the first two *Godfather* chapters.

Even the lamentable *Godfather III*, which was rushed into release in 1990 with a half-baked story and incomplete cast, deserves another look, if only to tie up loose ends about Al Pacino's Michael Corleone, the quiet soldier turned ferocious mob boss.

This is also a good time to make the jump to Blu-ray, if you've been debating the switch. The sharpness and colour fidelity are good to the last speck.

**TORSTAR NEWS SERVICE**

## In brief

**POETRY** The Saint Mary's University Art Gallery is hosting an evening of poetry with Asna Adhami during Light of the Heart: An Iftar Party in the Gallery tonight at 6 p.m. Adhami is a journalist, spoken-word artist and a graduate of Saint Mary's. She will offer a selection of her poetry celebrating themes common to the spirit of Ramadan.

**CONCERT** The Newfoundland afro-celtic rock band Dr. Zoo will be performing at Stayer's Wharf Pub and Grill on Oct. 1. The show costs \$10 with doors opening at 8:30 p.m.

**MUSIC** The Atlantic Steel Guitar Club begins its new season this Sunday from 1 p.m. to 4 p.m. at Acadia Hall in Lower Sackville. Sessions will be held every fourth Sunday of each month.

**METRO HALIFAX**



What's up doc?

Actress Natascha McElhone is to star in a new movie about pioneering doctor James Miranda Barry, a woman who pretended to be a man in order to qualify as a doctor. **IMDB.COM**



# Monkeying around politics

## Rise to power on campaign trail versus jungle

### The J Spot

Josey Vogels

Sex talk with Josey

In the jungle, female chimpanzees never rise to power. Which is why the current rise of female politicians like Hillary Clinton, Sarah Palin to the south and Elizabeth May here at home is so fascinating.

Before you think I'm trying to put lipstick on a monkey or implying that any of these women are apes, hear me out.

According to Dr. Frans De Waal, the noted primatologist author of *Our Inner Ape*, when you're a chimpanzee, achieving power is all about sex.

"A male can increase his reproductive success by having access to as many mates as possible," De

Waal tells me over the phone from Atlanta, Georgia, where he is professor of primate behaviour at Emory University. "It's not the same for females. Because they can only have one baby every six years, promiscuity doesn't increase her chances for reproduction."

But, while female chimps do not rise to power, female bonobos on the other hand rule collectively. They band together to dominate males.

For women to be successful they need to have female support, says De Waal. With someone like Hillary Clinton, who is past her reproductive years, this is easier as she is no longer competition to younger women still needing access to males to reproduce.

"(Republican vice-presidential nominee) Sarah Palin surprises me because of her age," says De Waal. "I'm curious to see what will happen. My guess is

### Election 2008

that women will see her as competition if men find her sexy."

When I wonder what he makes of Green Party leader Elizabeth May's recent power coup here in Canada muscling her way into the leadership debate, De Waal says this was probably tolerated because ultimately, she is not seen as a threat.

It will be interesting to see how the increasing number of women on the power-playing field will play out. When males, be they chimps or men, compete for power their body language conveys physical dominance. They stand tall and puff their chests out. How is that going to work with a female politician next to you?

"When (Democratic VP nominee Joe) Biden debates Palin, will he use his seniority and experience

to humiliate her?" wonders De Waal. "As a society, we don't generally approve of older men humiliating younger women, so will he have to be nicer to her than he would a male politician?"

According to the laws of the jungle, it may not fly.

But, we're not longer in the jungle, you say. And politics should be about issues, not gender. Well, as someone who studies gender and behaviour, De Waal begs to differ.

"The issues or positions are actually secondary," he argues. "We react to people on a very primal level. We're probably more influenced by how someone touches someone than what they have to say."

So, when you watch the Canadian leadership debates Oct. 1 and 2, you might want to consider turning off the sound.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).

# Emmy broadcast comes off unsteady

## NOT SO QUIET DESPERATION:

"Love TV and fear the Internet." These were the words director Barry Sonnenfeld pronounced as the music cue rose up and he rushed through the conclusion of his acceptance speech at Sunday night's Emmy Awards, after his win for the pilot of *Pushing Daisies*.

They are not the sort of words you hear at a celebration of an industry that is healthy and confident and basking in what it knows for certain is its creative pinnacle.

The tone was unsteady from the start, from Oprah's surprisingly unsecure delivery of her opening monologue, to the misfired timing by the show's five hosts just after that, a shambling, awkward routine that was obviously supposed to play like a parody of unpreparedness, but felt a lot more genuine the longer it rolled on.

At some point, one of the five reality TV show hosts who tag-teamed the night's emcee duties obediently

### IntelleVision

Rick McGinnis

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read from the teleprompter. "These have not been easy times in the world of TV — or in the world in general."

It was both true and utterly ridiculous — the industry falling back on its last reserves of self-importance to make their own crisis somehow equivalent to the financial and political anxiety dominating the headlines.

If there was a Barack Obama joke anywhere in there, it must have been in some unbreakable code, woven into the breakneck time signature shifts of Josh Groban's musical medley of TV show themes.

Rick McGinnis writes about music, movies, books and television, but not opera.

# Tire may have blown in jet crash

**INVESTIGATION** A plane crash which left ex-Blink-182 drummer Travis Barker and disc jockey DJ AM with burns and killed four other people, may have been caused by a tire blowout, BBC News Online reports.

The Learjet left the runway on takeoff in Columbia, S.C., Friday night, and crashed on a nearby road.

A safety official said a cockpit voice recording suggested the crew tried unsuccessfully to abort takeoff after hearing a probable blowout.

A doctor has said Barker and DJ AM are expected to make full recoveries.

Both are still in critical, but stable condition in hospital in Augusta, Ga., Dr. Fred Mullins said.

Both suffered second and third-degree burns in the crash, he added.

METRO NEWS SERVICES

### HineSight

Anne Hines

IN TOMORROW'S METRO

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/23/08	31	31	31	ABC News (N)	ABC Wild News	Inside Edition	Chronicle	Opportunity Knocks (N)		Dancing With the Stars		
	7	7	7	ASN The Road to Avonlea	Jeopardy! (N)	Robson Arms	TMZ (N)	To Be Announced		Fringe		TBA
	11	11	11	CBC Coronation St.	Gars file	Rick Mercer	22 Minutes	The Tudors (DVS)		CBC News: The National		The Hour
	2	2	2	CBC-F Terre humaine	Evening News	Le Cercle (SC)	La Fature	Providence (HDTV) (SC)		Roby (SC)		Filantes
	32	32	32	CBS News (N)	Le Cercle (SC)	The Insider (N)	Entertainment	NCIS (N)		The Mentalist "Pilot" (N)		Without Trace
	68	68	68	CFTM TVA 18 heures	Le Cercle (SC)	KMh (SC)	Vidéo	Histoires-filles		La Promesse (SC)		TVA 22 heures
	6	6	6	CHIF Entertainment	ET Canada	90210 (HDTV) (N)		House		Kitchen Nightmares (N)		News (N)
	9	9	9	CJCH eTalk	Hollywood	Law & Order: SVU		Without a Trace (N)		Dancing With the Stars		
	10	10	10	ELTV (6) EastLink Television		Podium TV		House "Not Cancer" (N)		EastLink Television		
	36	36	36	FOX Deal-No Deal	The Simpsons	Two-Half Men	Two-Half Men	The Biggest Loser: Families (N)		(10:01) Fringe (N)		Fox First
prime time	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	Canada Votes: Your Turn		CBC News: The National		Big Fat Diet
	29	29	29	NW BBC World	Business	CBC News: Around the World		Nova (HDTV) (DVS)		American Masters (N)		
	4	4	4	PBS-B NewsHour With Jim Lehrer	Business Rpt.	Greater Boston	One on One	Nova (HDTV) (DVS)		American Masters (N)		
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Business Rpt.	BBC World	Nova (HDTV) (DVS)		American Masters (N)		
	68	68	68	TQS Les Simpson	Flash (SC)	Catherine (SC)	10 façons	Une ennemie si proche (2005, Suspense)		Megan Gallagher		110 pour cent
	23	96	96	BNN Business News	Headline	Market Call	Commodities	Worldopolis TV		Business News		Market Call
	18	18	18	CNN (5) The Situation Room		Lou Dobbs Tonight		CNN Election Center		Larry King Live		Cooper 360
	54	54	54	GOLF The Turn	Inside PGA	Bobby Jones		Natalie Gulbis		Golf Central		Highway 18 (N)
	52	52	52	RSE Prime Time Sports		World Poker Tour		Boxing Jelena Menjenovich vs. Laksysha Williams				SportsCenter
	55	55	55	SCOR Hockey Talk	Game On	Cabby Unlimit	Stump-Schwab	World Series of Poker		Poker: Canadian Open		Score Tonight
news	45	45	45	SPD Unique Whips		Pinks (HDTV)	Pass Time	Unique Whips		Low Life		Super Bikes!
	53	53	53	TSN Off the Record	SportsCentre	MLB Baseball New York Yankees at Toronto Blue Jays		From Rogers Centre in Toronto				SportsCentre
	43	43	43	FAM Zoey 101	Life Derek	Wizards-Place	That's Raven	Zack & Cody		Natural-Sadie		Ned's School
	44	44	44	TOON World of Quest	Johnny Test	George-Jungle	Bugs Bunny & Tweety Show	Eleen		Total Drama		Futura
	26	26	26	TREE Fifl-Flowerlotts	Backyardigans	Ni Hao, Kai-Han	Night Grdn	Bucket-Dinos		Franklin		Comfy Couch
	27	27	27	YTV Drake & Josh	ICarly	Malcolm-Mid.	Home Improve.	Prank Patrol		Futura		Adrenaline Proj
	16	16	16	A&E The First 48		The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)		The Cleaner
	70	70	70	APTN News		Closer-Home	Great Towns	Wapos Bay		Rez Rides		Fish Out of
	50	50	50	BET 106 & Park: BET's Top 10 Live		T.I. Special (N)		I Tried (2007, Drama)		Layzie Bone, Wish Bone		Somebodies
	37	37	37	BRVO Street Legal		Desperate Housewives		Live at the Rehearsal Hall		Buffy St. Marie		Celtic Roots
family	97	97	97	CLT Mysterious Ways "19A"		Judging Amy		Killer Next Door		Missing Link Near-death		Mysterious
	25	25	25	CMT Chevy Chase Canada Countdown				CMT Star: Pets		CMT Star		Home Improve.
	49	49	49	COM Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas		The Simpsons		S. Silverman
	153	153	153	COURT Missing Link		The Investigators		The Practice		Special Forces		Investigators
	38	38	38	DISC What's That About?		Daily Planet (N)		How It's Made		How It's Made		After the Catch
	34	34	34	HGTV Holmes on Homes		House Hunters	Property Virgin	Outside		Colin & Justin's Home Heist		The Stagers
	46	46	46	HIST The Worst Jobs in History		NCIS		The Worst Jobs in History		Tony's Law		NCIS
	17	17	17	MM Pimp My Ride	Technical Diff.	Instant Star	disBand	Technical Diff.		Instant Star		So You Think You Can Dance Canada
	19	19	19	MMM MusicProfile	mmmtop10.com	Where You At		Rags to Riches		News Special		Listed
	201	201	201	M1 (6:10) The Lookout		Sharkwater	(8:25) Sharkwater	(2006, Documentary)		Notes on a Scandal *** (2006, Drama)		Don't Forget
cable variety	48	48	48	OLN The Amazing Race 2		Ed's Up	Videos	Survivorman		Angry Planet		Surf Patrol
	51	51	51	PEACH Friends	Seinfeld	MLB Baseball Atlanta Braves at Philadelphia Phillies		From Citizens Bank Park in Philadelphia				Family Guy
	206	206	206	PIX (6:45) My Dog Vincent		Dead Silence ** (1997, Suspense)		A Fish Called Wanda (1988, Comedy)				
	67	67	67	RDI RDI in direct	RDI in direct	RDI in direct	Elections	Grands reportages (SC)		Le Téléjournal (SC)		RDI in direct
	39	39	39	SHOW Wife Swap (N)		About a Girl	About a Girl	The Best Years (DVS)		Trailer Park		The Shield (N)
	40	40	40	SLICE Matchmaker	Til Debt-Part	End of Leash	ET Canada	Nearly Dead		In Laws		Plastic-Perfect
	47	47	47	SPACE Stargate SG-1 (DVS)		Lost		Star Trek: Next Gener.		Battlestar Galactica		Rabbit Fall
	14	14	14	PIKE CSI: NY (HDTV)		CSI: NY "Consequences"		CSI: NY (HDTV)		CSI: NY "Sweet 16"		CSI: NY
	98	98	98	STAR Fashion-Teve	Look-A-Like	The Ellen DeGeneres Show		TMZ (N)		eTalk		Paris Casting
	21	21	21	TLC What Not to Wear		Amazing Medical Stories		627 LB Woman: Jackie's Story		Mystery Diagnosis		Med. Examiner
cable variety	56	56	56	TROP Planet Soap	Big Screen	Beverly Hills, 90210		Planet Soap		What Happen?		Seinfeld
	20	20	20	TVS Que-champion	Journal de Fr2	Toute une histoire		Pékin express: la route de l'Himalaya		Bless-Father		On the Buses
	28	28	28	W Doc		Murder, She Wrote		Coleen's Real Women		90210 (HDTV) (N)		
	22	22	22	W Shopping Bags	Style by Jury	Will & Grace	Friends			Style by Jury		Style by Jury
	251	251	251	WGN Be-Millionaire	Evening News	Two-Half Men	Family Guy			Privileged (HDTV) (N)		WGN News

### critics' corner

#### The Mentalist

"Psych" meets "House," in this new drama series. Aussie hunk Simon Baker ("The Devil Wears Prada") plays Patrick Jane, a protocol- and boundary-challenged consultant to the California Bureau of Investigation. His mad observational skills are so keen that he could pass for a psychic, and in fact, he has. Robin Tunney plays his boss, Senior Agent Teresa Lisbon, who's driven nuts by Patrick's antics but has to admit he's good at his job. 10 PM on CBS



#### Opportunity Knocks

Just how well do you know your own family members? In the series premiere of Ashton Kutcher's new game show, a team travels the country to test how well family members know each other. That's right, at any moment a truck filled with the set of a game show could set up shop in your front lawn — then play you with cash and prizes based on your knowledge of sister Sue's favorite color. 9 PM on ABC

#### Without a Trace

In the season premiere, Jack (Anthony LaPaglia), who was demoted at the end of last season, must adjust to having someone else in charge: Clark Medina (Steven Weber). There's not much time for office politics, though; the team has a tough case involving the disappearance of a man whose own daughter went missing years earlier. 9 PM on CJCH; 11 PM on CBS



Shrek on stage

Shrek: The Musical, based on the hit movie, has opened in Seattle and has proven to be so popular that producers are looking to take it to Broadway in New York. [IMDB.COM](http://IMDB.COM)

## Celebrity Buzz

## Scarlett: I'm not a statue

**PEOPLE** Scarlett Johansson wants everyone to know she's not a tourist attraction, PageSix.com reports.

The actress and fiancé Ryan Reynolds hit a New York night spot the other night "wearing matching bowler hats," a source said.

Even though Johansson was "dressed down in a black blazer and jeans," the doorman recognized her.

The source said that "the doorman asked to take a photo with Scarlett" but that she snapped, "I'm not the Statue of Liberty," before heading inside.

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## Jada's in charge when it comes to discipline

**PARENTING** Jada Pinkett Smith has revealed she is the disciplinarian when it comes to her three children — because husband Will Smith is so easy-going, [imdb.com](http://imdb.com) reports.

The Hollywood couple has three children together, Trey, Jaden and Willow, and the actress admits she is the one who has to

get tough with them.

"He's (Smith) so lenient on that stuff. Daddy tends to (say), 'Yeah! Have chocolate cake for dinner! It's all right with me.' I'll come home and it's just, 'Has anyone had lunch?'"

"Yeah, I had some Frosted Flakes!" she tells People.com.

But the star admits it's not a tough regime in the Smith household.

"We're not strict but we definitely believe it's a very important component for rearing children. It creates safety for them. They understand that they need guidance."

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## Did Moss's partying ways cost her a boyfriend?

**PEOPLE** Model Kate Moss is "gutted" after reportedly splitting with rocker boyfriend Jamie Hince, [imdb.com](http://imdb.com) reports.

The 34-year-old has endured a rocky relationship with the Kills frontman, and the model's reported party-loving lifestyle is apparently to blame for the split.

"Kate is gutted because she really loves Jamie. They had even talked about marriage and kids," a source tells Britain's Daily Star newspaper. "But she

is not ready to change her lifestyle and probably never will. I doubt any man could tame her because that's who she is. Jamie told her he was fed up with her reluctance to stop partying and she just flipped. They just can't agree on it and it had become too much."

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GETTY IMAGES PHOTOS

## celebrity briefs

## Beckham not such a Posh shopper

**PEOPLE** Victoria Beckham buys her clothes from flea markets, femalefirst.co.uk reports. The former Spice Girl can't resist buying second-hand clothes and admits her own designs are often inspired by her finds.

"I don't really go shopping anymore, apart from the flea market I go to every Sunday. You can get some amazing vintage stuff there," said

Beckham. "That's often where I get inspiration for my designs."

The 34-year-old, who has often been criticized for her slim physique, has also revealed she is eating and exercising more.

Beckham added she has learned to deal with negative comments and is "proud" of what she has achieved in her life.

"I don't really give a s-t what people think of me. I'm more grown up now and I've learned not to care so much about what people say."

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## Catherine keeps herself out of kitchen

**PEOPLE** Actress Catherine Zeta-Jones has a simmering secret — she is useless in the kitchen, [imdb.com](http://imdb.com) reports.

Zeta-Jones, married to actor Michael Douglas, confesses she can't cook even a simple

meal without the aid of a microwave.

She says she is so bad at baking that she once nearly set her

kitchen on fire.

"I'm a terrible cook," the actress tells Sky Movies magazine.

"I can microwave chicken nuggets well ... I actually burnt a pan once. There wasn't a fire but it was smoking and I got a little scared."

"So that was the first and last time I tried to cook."

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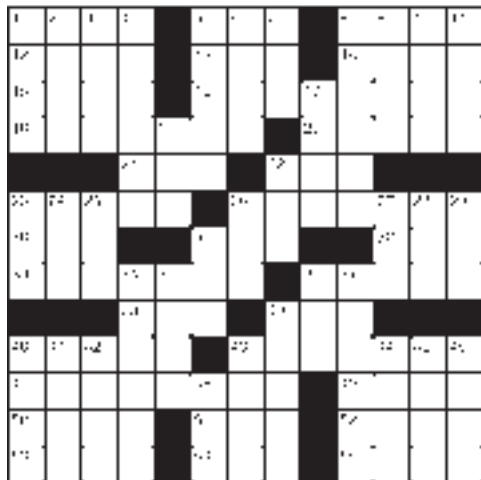
METRO NEWS SERVICE







## Take Five



### Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	2			4		3		9
5				9	6			
			7					5
			6	2	4	1	9	
				7				
	6	7	1	5	3			
1					5			
			4	1				8
4		8		3			7	

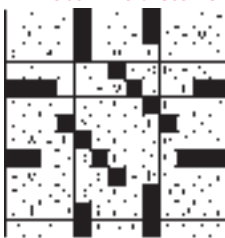
### Crossword across

- |                           |                               |
|---------------------------|-------------------------------|
| 1 Ballet leap             | 32 Eggs                       |
| 5 Suitcase                | 33 Sovereign's representative |
| 8 Dad                     | 36 Slumber                    |
| 12 On                     | 38 Mouth part                 |
| 13 Before                 | 39 Colouring                  |
| 14 "American —"           | 40 Reacted to fireworks       |
| 15 New Mexican tribe      | 43 Emulator                   |
| 16 Do figure eights, e.g. | 47 Result of "once bitten"    |
| 18 Slaloms                | 49 Uninteresting              |
| 20 Analyze grammar        | 50 Campsite structure         |
| 21 Rhyming tribute        | 51 Storm center               |
| 22 "A mouse!"             | 52 Cupid's alias              |
| 23 Bolivian metropolis    | 53 Probability                |
| 26 "Have a —!"            | 54 Foolish one                |
| 30 "— Yankee Doodle ..."  | 55 Anger                      |
| 31 Enthusiast             |                               |

### Crossword down

- |                          |                      |                         |
|--------------------------|----------------------|-------------------------|
| 1 Satchmo's specialty    | 19 Wood-shaping tool | attraction              |
| 2 Needle case            | 22 One (Ger.)        | 36 Morning star         |
| 3 Grip ice from a bucket | 23 Actress Ullmann   | 37 "... nor a — be"     |
| 4 External parasites     | 24 Parisian pal      | 39 19th president       |
| 5 Ecu                    | 25 — -10 Conference  | 40 Director Pre-minger  |
| 6 Curved lines           | 26 Aye canceller     | 41 Didn't pay yet       |
| 7 "Golly!"               | 27 Female deer       | 42 Rear                 |
| 8 Jasmine relative       | 28 "Hail, Caesar!"   | 43 Wherefores' partners |
| 9 Hebrew month           | 29 Shriek bark       | 44 Atmosphere           |
| 10 Cookware              | 31 Dandy             | 45 Online journal       |
| 11 Sheltered             | 34 Votes into office | 46 Otherwise            |
| 17 Detail, for short     | 35 Carnival          | 48 Vast expanse         |

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	7	8	2	9	5	1	3	4
4	2	5	1	3	6	7	8	9
9	3	1	8	7	4	6	2	5
3	6	7	9	1	2	5	4	8
2	1	4	7	5	8	9	6	3
5	8	9	6	4	3	2	7	1
1	4	3	5	2	7	8	9	6
7	5	6	4	8	9	3	1	2
8	9	2	3	6	1	4	5	7

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

### SUDOKU SOLVE TIME:

- |              |              |           |                      |
|--------------|--------------|-----------|----------------------|
| Under 13 min | .....Genius  | 17-21 min | .....Smart           |
| 13-17 min    | .....Scholar | 21-25 min | .....Not bad         |
|              |              | 25+ min   | .....Keep practising |

### Recipe of the day



COOK SMART FOR A HEALTHY HEART

### Low-fat Barbecued "Ribs"

Meat doesn't get much fattier than pork ribs, but you can get the same flavour by substituting pork tenderloin and cut the fat by 90 per cent.

#### INGREDIENTS:

- 2 pork tenderloins (about 340 grams each), trimmed of fat
- 1 medium red onion, chopped
- 1 medium red bell pepper, seeded and chopped
- 3 cloves garlic, minced
- 1 cup ketchup
- ½ cup chili sauce
- ¼ cup unsulfured molasses
- 3 tablespoons Worcestershire sauce
- 2 tablespoons light brown sugar
- 2 teaspoons chili powder
- 2 teaspoons mustard powder
- Hot red pepper sauce, to taste

#### METHOD:

- Soak four 30-cm (12-in.) wooden skewers in water for 30 minutes. Butterfly pork, cut into "ribs" and thread onto skewers. Cover and refrigerate.
- Place oven rack in the upper third of oven and preheat to 230°C (450°F). Spray a jellyroll pan with cooking spray. Spread vegetables in the pan. Roast,

- tossing frequently, until brown and tender, about 15 minutes.
- Transfer to a food processor. Add ketchup, chili sauce, molasses, Worcestershire, sugar, chili powder, mustard and red pepper sauce. Purée. Pour into a saucepan. Cover and cook over medium-low heat, stirring occasionally, until bubbling.
- Remove one cup sauce for basting and keep remaining sauce hot.
- Spray barbecue grill generously with cooking spray and preheat to medium. Bake both sides of pork with sauce. Grill until cooked through, turning and basting every four minutes. Serve with remaining sauce. **SERVES 6**

### rd.ca

For more info go to [rd.ca](http://rd.ca) or check out Key Ingredients in Reader's Digest, on newsstands now!



## Horoscopes

### ARIES

MARCH 21-APRIL 20

Take the time to shoulder the burden of a bad choice. Failure will cause a loss of respect. An elder will have an excruciating episode.

### LIBRA

SEPT 23-OCT 23

You'll surprise everyone by taking fearless action. You need hours to just putter around. An endearing buddy doles out kindness and love.

### TAURUS

APRIL 21-MAY 21

Reduce unnecessary duties or you'll be wiped out. You'll have an impact on strangers. A difficult person will relax after an explanation is given.

### SCORPIO

OCT 24-NOV 22

Verify a story before confronting a bad guy. Sneakiness gives you a reason to wonder. Mistakes are made because of pride.

### GEMINI

MAY 22-JUNE 21

Don't discuss money with a stubborn person. Normalcy returns after a new romantic attempt. Reveal your feelings to someone who is curious.

### SAGITTARIUS

NOV 23-DEC 21

Help others to avoid falling for a practical joke. Someone is missing due to illness. You'll be concerned about attention-seeking.

### CANCER

JUNE 22-JULY 22

Adventure plays a part in the outcome of problems. A fantastic situation will open your eyes. A delayed call back disturbs the night.

### CAPRICORN

DEC 22-JAN 20

Confusion is the basis for a discussion. Don't walk away from a predicament. A phone call can give you comic relief.

### LEO

JULY 23-AUG 23

Shaky emotions will force you to speak your mind. A distressed friend is going through a separation. Teach someone the benefits of friendship.

### AQUARIUS

JAN 21-FEB 18

Pamper yourself as soon as possible. An unwelcome invitation will be refused. You won't get flustered by anything.

### VIRGO

AUG 24-SEPT 22

A loved one wants to argue every point. Remain calm when a disturbing crash is heard. Your passion creates unity at a gathering.

### PISCES

FEB 19-MARCH 20

Your mood and persona is dynamic. Emotional issues cannot be ignored. Surrendering to selflessness can make you psychic.

## This day in history

- SEPT. 23, 1845: The Knickerbockers Baseball Club, the first baseball team to play under the modern rules, is founded in New York.
- SEPT. 23, 1846: Discovery of Neptune.
- SEPT. 23, 1889: Nintendo Koppai (later: Nintendo Company, Limited) founded by Fusajiro Yamauchi to produce and market the playing card game Hanafuda.
- SEPT. 23, 1972: Philippine President Ferdinand Marcos announces the implementation of martial law and signs General Order No. 1 which orders the arrest of opposition leaders, media censorship, banning travel to other countries, abolishing the Philippine Congress, establishing dictatorial government, and the take-over or sequestering of public and private corporations.

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